

2011 Glenwood Wildwater Jubilee & Western US Junior Wildwater Team Trials Colorado River, Glenwood Canyon, Glenwood Springs, Colorado April 16 & 17, 2011

> Hosted by: Great Blue Heron Canoe and Kayak Racing Club Grand Junction, Colorado, Race Director: Denny Adams, <u>dennyadams@AOL.com</u>

Information for Racers: Please note that this information may change as the need arises and at the discretion of race organizers. Check back at <u>www.usawildwater.com</u> for the latest updates. Likewise you can get on the organizers event mailing list and be notified as changes occur by e-mailing <u>dennyadams@AOL.com</u>.

Race Format-As the races this year are in part to determine our Jr. National Team, which travels with partial subsidy to Junior Worlds in the Czech Republic this summer, we will be following ICF and USAC/USAWildwater guidelines. The races will take place over two days with the 5 K classic race on a class 2 section (downstream of Grizzly Creek) taking place on Saturday, April 16^{th} . The Sprint Competition will take place on Sunday, April 17^{th} and will consist of two runs of a < 400 m. course on a class 2+ wavetrain (also downstream of Grizzly Creek.) Several senior team members will be present on Saturday afternoon to provide some small group mentoring. More information on this section of river may be obtained at: http://www.eddyflower.com/RunDetailstabs.aspx?RunId=1621

Registration will take place on Saturday morning, April 16th, at the No Name Campground from between 8:00 AM until 9:30 AM. Registration cost is \$20 per paddler (check made out to Great Blue Heron Club) for all events and \$10 for event USACK license if not currently a USACK member and attempting to qualify for junior team. A brief competitors meeting will take place at 10:00 at the starting line area at the Grisly Creek boat launch area.

Date April.16 th	Time 8:00-9:30 AM 10:00 AM	EventRegistrationRacers MeetingClassic Race	Meeting Place No Name Campground (I70 Exit 119) Grizzly Creek Launch Area Grizzly Creek to No Name
April 17 th	10:00 AM	Sprint Racers Meeting/LaunchNo Name CampgroundPaddle 300 Yd. to Start AreaSprint Race in Bib Order, Two Runs	
	1:00 PM	Option of paddling to Two Rivers Park after last runTake Out /AwardsTwo Rivers Park, Glenwood Springs	

Boat Classes and Age Groups- The classes for glass and plastic wildwater style boats will be K-1 men's, K-1 women, C-1 men, C-1 women, and C-2 men's. Age groups within each class will consist of Cadets (12-14), Juniors (14 to 18 yr.s,), Seniors 18 to 39, and Masters-40 and beyond. Plastic

recreational style boats will have a K-1, a K-1 W Class, an OC1 Class and an OC2 Class. Paddlers of other whitewater appropriate paddle craft are welcome but should contact the race director beforehand.

Junior Team Selection. All paddlers are encouraged to race but in order to be selected to the USA Junior Wildwater Team you must meet the official team selection criteria as established by the Wildwater Committee and the International Canoe Federation (ICF). These criteria are available on <u>www.usawildwater.com</u>. All athletes competing at Team Trials (Juniors and Seniors) must be current members of USA Canoe/Kayak (USACK). Event only memberships (\$10) will be available at the event. Verifying your membership or becoming a paid member before hand will save everyone some time during registration.

Safety- The Colorado River through Glenwood Canyon is a large stream that will have cold water, sections with powerful currents, and rapids ranging from class II to III. This is a river where a change in weather upstream can increase flows dramatically in short period of time. All paddlers should have strong self rescue skills, adequate floatation bags, and should evaluate the conditions at race time to be certain that those skills are adequate for current conditions. We will have a limited number of volunteers on the courses.

It is recommended that all racers can get to the venue a day or more early to practice the courses in the company of other racers, their coaches, and or other strong paddlers.

Boat Inspection-Wildwater boats, pfd's, floatation, and race helmets will be inspected before and during the event so that they meet safety expectations and ICF rules. Appropriate cold water clothing—ie neoprene or fleece with dry tops –will be asked of all racers. **Appropriate floatation** must be secured in every boat for paddler safety and boat preservation should the boat become submerged. Be sure your equipment qualifies before showing up to race. Boat specifications for the wildwater classes can be reviewed at the ICF Wildwater site (<u>www.canoeicf.com</u>) It is the racers responsibility to familiarize themselves with the ICF rules and make sure that their equipment meets these standards. Failure to meet these requirements could result in disqualification.

Please be aware that beyond the serious nature of the races for our Jr. Team candidates that this weekend is as well a celebration of wildwater and chance to paddle several sections of quality river in the company of other long boat and down river racers. Our races are being held in the morning to allow time to enjoy independent paddling on other sections of the river and to allow for time to visit the major play wave down in Glenwood Springs. A night life suggestion is to visit the Famous Hot Springs Pool.

Please feel free to contact me regarding pre-race training and the specifics of the race courses and as well about the many additional local paddling options. Feel free as well to call about directions to the races, lodging and campgrounds, restaurants, the hot springs etc..

These races are in their 8th year. The started very humbly and informally with a few kids and have grown steadily in terms of the number of racers and the quality of the racing with each new year. We are looking forward to having another great racing event and paddling weekend. I hope that all can make it.

Sincerely Denny Adams Race Director, Western Junior Team Trials